



York Region Plan to Support Seniors: Navigating Forward Together

The 2024 to 2027 York Region Plan to Support Seniors: Navigating Forward Together, supports healthy aging so seniors can continue to live, work and age in strong, caring and safe communities.



Four priority areas and objectives

Keeping Seniors Healthier Longer

Provide seniors, caregivers and staff supporting seniors information to help them improve physical activity and social connectedness, and slow decline of, or prevent chronic disease

Supporting Seniors to Live in Age-Friendly Complete Communities

Better integrates services for seniors

Connecting Seniors and Caregivers to the Right Programs and Services at the Right Time

Improve system navigation for seniors

Improving the Coordination, Organization and Planning of Services for Seniors

Collaborate on and support strategic improvements for the overall system supporting seniors

Learn more at york.ca/PlanForSeniors or contact

Access York for information about programs and services for seniors:

📞 **1-877-464-9675**

interpreter services available



1-866-512-6228

for deaf and hard hearing



AccessYork@york.ca